



# BRINGING Passion & Dedication TO SPORTS MEDICINE

Written by Celeste Taylor · Photography provided by Teri Lyons

When it comes to sports, suffering an injury can be one of the worst things an athlete can experience. In an instant, an athlete can be sidelined for the rest of the game, the rest of the season, or even the rest of their career. Luckily, UC Health and Dr. Angelo Colosimo have made it their mission to ensure that local athletes receive the absolute best preventative care and world-class injury treatment.

Dr. Colosimo brings a level of unrivaled dedication and passion to the field of sports medicine. “Passion is a state of mind and passion is a personality,” Dr. Colosimo says. “I am passionate about life, passionate about people, passionate about my family, and passionate about what I do.”

Dr. Colosimo’s 30 years in sports medicine was preceded by a rich history of athletics. Dr. Colosimo, who grew up playing sports, played college football, twice earning Academic All-American honors as well as being honored on the collegiate level by the National Football Foundation Hall of Fame as one of the Golden Dozen. After college, he became a free agent with the New England Patriots.

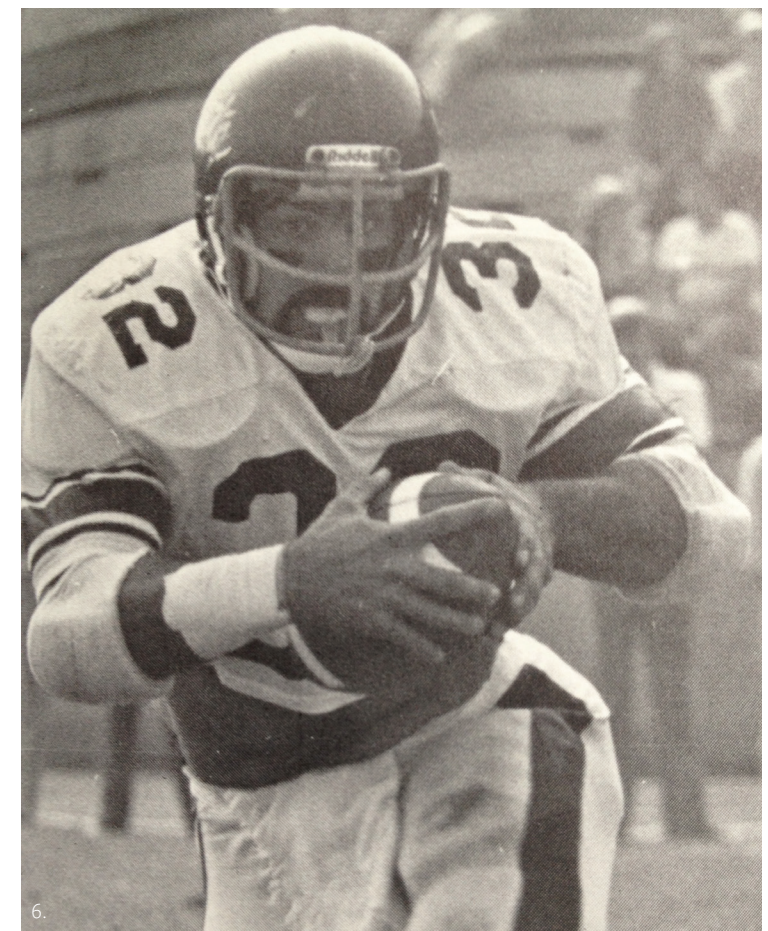
“My love has always been the competitiveness of athletics,” says Dr. Colosimo. Additionally, his professional and personal experience with sports medicine “makes it much easier for me to appreciate what an athlete is going through, both physically and psychologically

when dealing with an injury since I have probably already been there myself.”

Dr. Colosimo’s second love was medicine. “From a young child I was fascinated with science,” he says, “(being able to combine sports and science) was my dream.” By practicing sports medicine, he is able to stay actively involved in both of his lifelong passions. He can imagine no greater joy than “the smell of the grass on a Saturday afternoon in the fall during a football game, being able to share the benefits of my knowledge and experience as a player, as well as that as a physician with each of these athletes.”

He understands that like high-level athletes, sports medicine practitioners must be relentless in their pursuit to stay on top of the field. He and the other professionals at UC Health have made it their mission to maintain their reputation for excellence in the field of sports medicine. “I work very hard to stay on top of the newest and latest technology in sports medicine. We (at UC Health) pride ourselves in being the premier sports medicine providers,” and the ability to “get our athletes back on the field quicker than the average individual.”

Like many individuals with a true passion, Dr. Colosimo enjoys sharing his knowledge and resources with others in the community.



1. Dr. Colosimo performing surgery. 2. Dr. Colosimo's son Michael playing in the UC vs. Northwestern State football game. 3. Michael Colosimo. 4. Dr. Colosimo, Michael Colosimo, and UC President Santa Ono. 5. Dr. Colosimo's sons Nicholas and Michael on the UC sidelines. 6. Dr. Colosimo playing football at Colgate University.

“I tell our sports medicine fellows and residents that when you practice sports medicine, you have to be there. Being there is key. You can’t practice sports medicine sitting on the couch,” he explains. Dr. Colosimo has been one of the key participants in UC Health’s High School Outreach Program, which provides athletic trainers, training coverage, and doctor coverage during competitive events to local high school programs. UC Health also assists community schools with funding athletic events, providing necessary equipment, and providing medical care. “So on a Friday night, our nights are spent on high school fields and Saturday on the college fields.”

Dr. Colosimo is a key player in UC Health’s partnership with the University of Cincinnati. In addition to working closely with many of UC’s premier athletes, he serves as Director of Orthopaedic Services and Head Team Orthopaedic Physician for the Cincinnati Bearcats for the last 23 years. He operates as the Director of Sports Medicine in UC’s department of Orthopaedic Surgery and was the Bengals Team Orthopaedic Surgeon for 10 years. He is also involved in UC Health’s Sports Medicine Fellowship program as well as the education of orthopedic residents at UC. In conjunction with Dr. Jon Divine and Dr. Joe Clark, Dr. Colosimo is working on ground breaking research on concussions. If that isn’t enough, Dr. Colosimo

adds “I enjoy speaking at events, especially high schools and PTA’s and educating parents and athletes on athletic injuries.”

Though this laundry list of activities might seem exhausting to most people, Dr. Colosimo finds it an invigorating way of life. “From a personal standpoint, being around athletes, being around kids, being around the competition, being around the game, keeps me going. I have a different practice than most people. Most orthopedic surgeons go to work, see patients, operate, and go home. I don’t go home very often, I am constantly covering events and covering games, but it gives me a different aspect to my career and to my practice.

“After 23 years, my biggest thrill is having my son Michael compete for the quarterback position at UC. He has been on the sidelines with me since he was three years of age and is probably the biggest Bearcat fan in the world. Now he is playing.” ❖

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